

Stress Debriefment for the First Responder

**Michael Wilson, McHatton-Sadler
Mark Pepple, Multi-Township EMS
Jay Sweatland, Dalton Corporation**

April 10th 2012

Stress Debriefment for the First Responder

Police Department



Sergeant

Jeffery Bryant Shaw

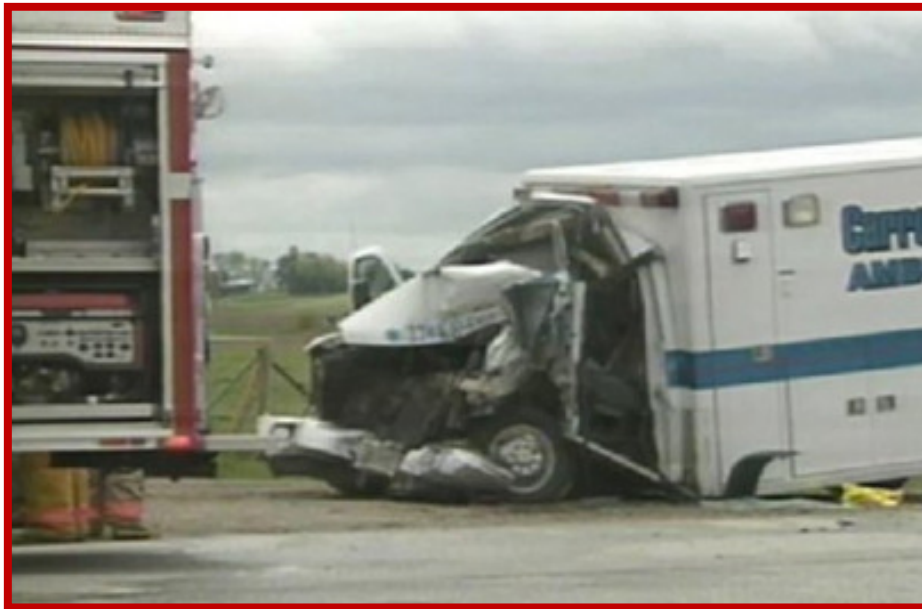
Kosciusko County Sheriff's Department, Indiana

End of Watch: Thursday, November 12, 2009



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Emergency Medical Services



December 21st 1996 4:30 am
Lagrange County EMS



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Fire Department

Thursday, February 23, 2012 It is with deep regret that we advise of of the Line of Duty Death of Firefighter Jeremy Tighe, 18, of the McCutchanville VFD near Evansville, Indiana.



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Factory Injuries

GARY, Ind. — Authorities say a northern Indiana man died at U.S. Steel's Gary Works complex after becoming wedged between two rail cars.

[The Times of Munster](#) reports that 55-year-old Michael M. Shoemaker of Hobart was working at the steelmaking complex at the time of Monday night's accident. He was pronounced dead at the scene.



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August 14th 2011 Indianapolis Stage Collapse

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So Now What?



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Critical Incident Stress Management

What is it?

**“Process the event
and reflect”**

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Critical Stress Management

- **Defusing**
Immediately
- **Debriefing**
By 72 hours post event
- **Follow-Up**
With-in 72 hours



Stress Debriefment for the First Responder

What Is Our Goal?

- **Well organized rapid team approach**
 - **Clergy**
 - **Psychologists**
 - **Fire/EMS/Police/Industrial Safety**
-

Stress Debriefment for the First Responder

Steps for Implementation

- **Organization of the team**
- **Education**
- **Community Partners**
- **Advertising**

Kosciusko
Critical Incident
Stress Management
Team
Call: (574) 555-5555